



**PHARMACIE
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TAKING CARE OF A TATTOO

BEFORE THE TATTOO

- Do not use any anesthetic cream (Emla^{MD}, Bétacaïne^{MD}, Maxilene^{MD})
- An oral analgesic may be taken 30 minutes prior to having the tattoo to diminish the pain (Tylenol^{MD}, Advil^{MD}, Motrin^{MD})

AFTER THE TATTOO

- Leave in place the bandage put on by the tattooer for 2 to 12 hours
- After taking off the bandage, it is time to clean!
 - Carefully wash your hands with an antiseptic soap (like Baxedin^{MD} or Dexedin^{MD}) or with a neutral pH cleaner (Dove^{MD}, SpectroJel^{MD}, Cetaphil^{MD})
 - You must wash your fingers, hands and forearms for long enough
 - Wash the tattoo with the same product that you have used for your hands and thoroughly rinse (try to do it under the shower without directing the water steam on the tattoo)
 - Dry the tattoo with a paper or a cotton towel
- It is better to leave the tattoo in open air
- Cover the tattoo with a thin layer of topical antibiotic (preferably Polysporin Triple Antibiotic^{MD} or equivalent) 2 to 4 times per day for 5 days to prevent the tattoo from becoming dry
- After 5 days of antibiotic cream, cover with a non-greasy moisturizer
- Avoid bathing and swimming up to 1 month after tattooing
- Avoid wearing tight clothes that would rub on your skin
- Do not tear the scabs or scratch the tattoo
- Avoiding sun exposure or sunlamps for at least 1 month
- If redness, swelling, pain, fever or flows stinks persist for 7 days or more, you must consult a doctor

Prepared by Pierre-Marc Gervais, pharmacist
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This information is given you by

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Open Monday to Friday 9AM to 9PM and Saturday to Sunday from 9AM to 5PM

Pharmacie Pierre-Marc Gervais – your health prescription!

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